



# ST. HELEN

## YOUTH MINISTRY

### **Confirmation Preparation Requirements**

#### **Year 2 - Confirmation Year**

The process for Preparation for the Sacrament of Confirmation at St. Helen is a 2-year journey that may begin as soon as a youth is a freshman.

All confirmation candidates must be in 10<sup>th</sup> grade or above.

**Prior to entering the Confirmation Year 2  
Youth must be simultaneously enrolled and attending faith formation, they  
must have completed the requirements for year 1.**

- Students and Parents attend a confirmation intro meeting on September 24, 2023 at 7:00pm in Helena Hall
- All students must attend Sunday Mass every week:  
Saturday 5:00PM Vigil English  
Sunday 7:30am, 9:00am, 10:30am, 5:00pm  
Sunday Noon Spanish
- Attend Holy Days of Obligation – *For a list of Holy days of obligation please visit our website.*
- Students must attend 80% of Faith Formation sessions.
- Students will participate in at least 30 service hours. St. Helen YM does provide several opportunities of service in our community, but some community service activities are accepted as well.
- Attend confirmation retreat the weekend of January 5 – 7, 2024
- Attend parent/sponsor day of reflection. *Date TBD depending on our confirmation date assigned by the office of Cardinal DiNardo.*
- Complete the confirmation application packet (Provided at parent meeting)
  - Saint paper

- Sponsor Interview
- Copy of Baptismal Certificate with first communion notification

**Parents and sponsors:**

- Parents must attend confirmation parent sessions.
- Sponsor/ Parent Day of reflection

For more information or if you're not sure about the sacrament pathway for your teen, please contact:

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