



# ST. HELEN

## YOUTH MINISTRY

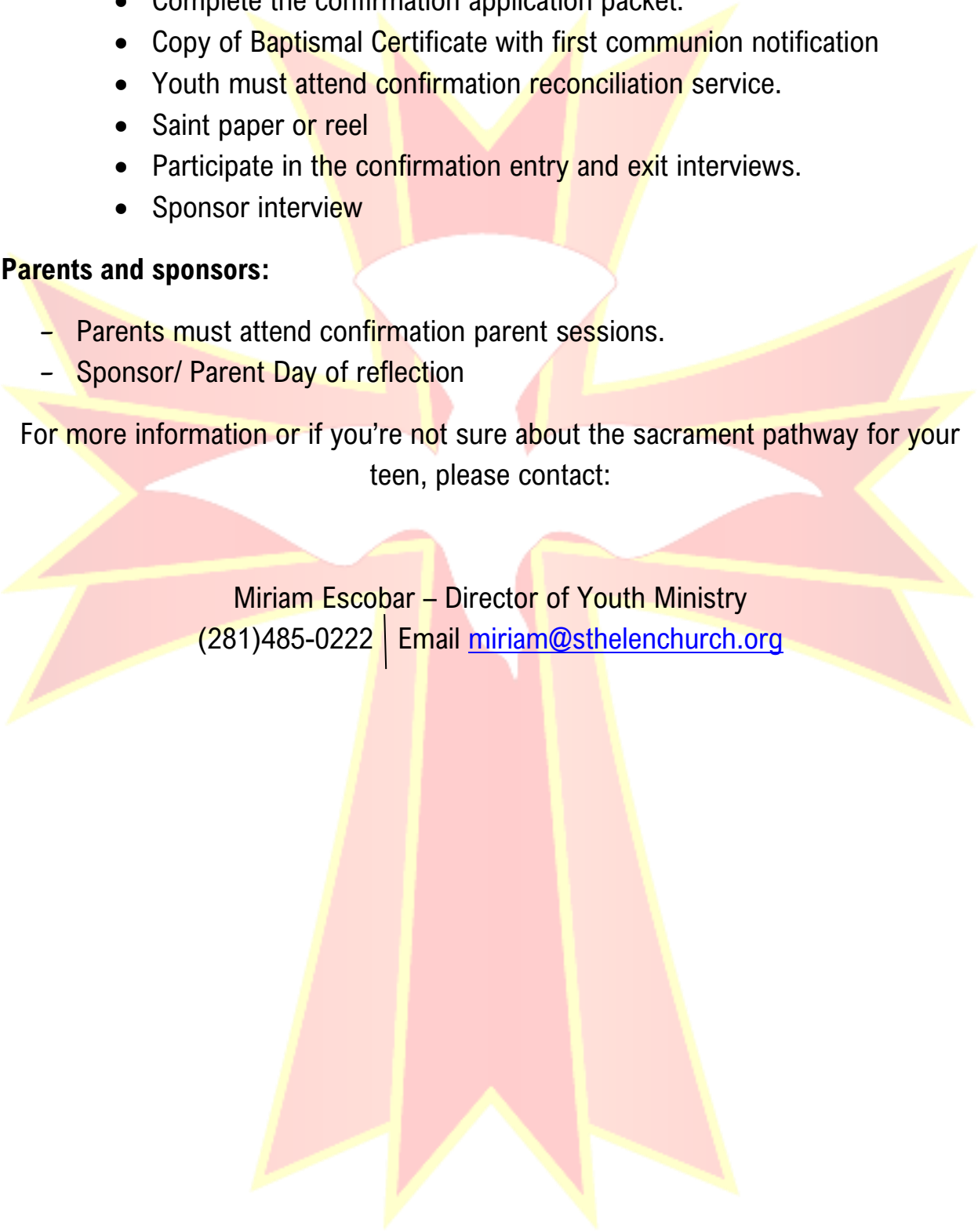
### **Confirmation Preparation Requirements For Catholic School Student**

The process for Preparation for the Sacrament of Confirmation at St. Helen for catholic school students is a one-year process. Catholic school students are exempt from the two-year requirement due to the theology credits they receive at school.

All confirmation candidates must be in 10<sup>th</sup> grade or above.

**Prior to entering the Confirmation Year 2  
Youth must be simultaneously enrolled.  
and attending faith formation**

- Students and Parents attend a confirmation intro meeting, September 24, 2023.
- All students must attend Sunday Mass every week:  
Saturday 5:00PM Vigil English  
Sunday 7:30am, 9:00am, 10:30am, 5:00pm  
Sunday Noon Spanish
- Attend Holy Days of Obligation
- Students must attend 80% of Highschool faith formation.
- Students will participate in at least 30 service hours. **\*Hours completed towards the community service projects required by the school will count towards the required 30 hours of service\***
- Attend confirmation retreat **\*If catholic school students can't attend the confirmation retreat with St. Helen the Kairos retreat will be accepted as well.**

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- Attend the parent/sponsor day of reflection.
  - Complete the confirmation application packet.
  - Copy of Baptismal Certificate with first communion notification
  - Youth must attend confirmation reconciliation service.
  - Saint paper or reel
  - Participate in the confirmation entry and exit interviews.
  - Sponsor interview

**Parents and sponsors:**

- Parents must attend confirmation parent sessions.
- Sponsor/ Parent Day of reflection

For more information or if you're not sure about the sacrament pathway for your teen, please contact:

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