

# **Application for the Reception for the Sacrament of Confirmation**



**Due by August 20<sup>th</sup>, 2023**

Candidate's name: \_\_\_\_\_

This packet must be returned completed by the due date or before to be considered a candidate for the sacrament of confirmation on September 8<sup>th</sup>, 2023

**Incomplete applications will be returned**

**IF APPLICATION IS NOT RECEIVED BY THE DUE DATE ALONG WITH THE OTHER CONFIRMATION REQUIREMENTS, THE CONFIRMANDI WON'T BE ABLE TO RECEIVE THE SACRAMENT OF CONFIRMATION ON SEPTEMBER 8<sup>TH</sup>, 2023 AT ST. HELEN.**

## **Application for the Reception of the Sacrament of Confirmation**

*\*Please make sure that the information you are writing on this form is complete and accurate.  
This information will be entered into our parish records. Please type or print clearly\**

Full Name of Confirmation candidate: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age (at time of confirmation, September 8<sup>th</sup>, 2023) \_\_\_\_\_

Address:  
\_\_\_\_\_  
\_\_\_\_\_

*\*\*Confirmation name must be one name only, i.e., if you are choosing Our Lady of Guadalupe, you should simply write "Guadalupe" or if you are choosing St. Thomas Aquinas simply write "Thomas". You will note your Saint's full name and an explanation of why you chose that saint on page 3 \*\**

### **Record of Baptism**

Date of Baptism: \_\_\_\_\_

Church of Baptism: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Godparents: \_\_\_\_\_

Father's Name: \_\_\_\_\_

Mother's First and *maiden name*: \_\_\_\_\_

### **Sponsor's Info**

Confirmation Sponsor's Name: \_\_\_\_\_

Full Address of Sponsor: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Sponsor's e-mail address: \_\_\_\_\_

## **Confirmation Name**

It's customary that at confirmation the candidate selects a new name, the name chosen must be the name of a Saint recognized by the Catholic Church whose life is an inspiration to you. This saint will serve as model to you as follower of Christ. If your baptismal name is that of a recognized saint, you may choose to use your baptismal name since confirmation affirms the baptismal promises and commitment.

**\*Please complete either part A or B, depending on whether you are choosing a saint whose name is different from your baptismal name (A) or if you are choosing to use your baptismal saint (B)\***

***You may also choose to record a short video (reel or TikTok) explaining the reasons for choosing this saints' name***

- A. I have chosen the name \_\_\_\_\_ after Saint \_\_\_\_\_ whose feast day is celebrated on \_\_\_\_\_

State your reasons for choosing this saints' name. List at least three or four qualities of this saint that you admire and would like to imitate (1 full paragraph min)

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- B. I have chosen my baptismal name, \_\_\_\_\_ whose feast day is on \_\_\_\_\_ I was called this name because

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## **Choosing your Sponsor**

A sponsor for confirmation is a witness to your commitment to follow Jesus. The Sponsor presents the candidate to the bishop and stands by their side during the anointing with chrism. Sponsors may be your baptismal Godparents, parents cannot be sponsors of the candidate. We encourage to choose someone whose faith journey you admire and that will remain present throughout your life to help you and encourage you in your own faith journey.

### **Who can be a Sponsor?**

- A sponsor must be at least 16 years of age, not the parent of the candidate and must be a practicing Catholic.
- Sponsors must be fully initiated in their Catholic faith, they must have received the sacraments of baptism, first communion, and confirmation. If married, the marriage must have taken place in the Catholic Church or be recognized by the Catholic Church as a valid marriage.
- Sponsors are a model example of a committed Catholic and will be a support to the candidate and his/her family in the practice of faith.

*\*If you have questions about the eligibility of your sponsor please reach out to Miriam\**

### **Sponsor Interview**

Now that you have chosen your sponsor, it is time to spend a little more time with him/her to really get to know more about his/her faith journey. After all, the life-long role of your sponsor is to walk with you and support you on your own faith journey! You may find that you already know a lot or that there is a lot that you can learn!

Please set up a time to meet with your sponsor to “interview” him/her. It would be best to meet with your sponsor in person, but if this is not possible, because your sponsor lives out of town, you can interview your sponsor by phone or by email (last resort!)

You can meet at your house or your sponsor’s house; you could meet for breakfast, lunch, or dinner; you could go for a walk together. BE CREATIVE! You should plan to meet with your sponsor for at least one hour for this meeting. But feel free to meet for as long as you would like or multiple times!

Although you will be asking your sponsor questions in the format of an interview, your meeting should really be a discussion, with you adding your own insights and thoughts to the conversation. AND YOU NEED TO INVITE YOUR SPONSOR TO ASK YOU SOME QUESTIONS TOO!

(Your sponsor can ask you questions from the list on the next page, or he/she can ask some of his/her own.)

We encourage you to ask your sponsor questions not included in the list! The questions are there to guide your discussion. You do not need to get through all the questions, but feel free to do so!

- ♠ Start your meeting by praying together!
- ♠ At the end of your meeting, write your name and the date at the top of page 4. Write your sponsor's name and then have your sponsor sign it.
- ♠ You will need to write short answers to the reflection questions on page 4 sometime after meeting with your sponsor (**NOT while you are meeting with your sponsor**).

### **YOU WILL TURN IN PAGE THE LAST TWO PAGES NO LATER THAN AUGUST 20TH!**

How did you become Catholic? Were you baptized when you were a baby, or did you become Catholic as an adult through the RCIA program? Tell me about how you first learned about your faith, whether you were a child or an adult.

2. As a Catholic, what makes you different from other Christians?
3. How do you picture the Holy Spirit? What images come to mind? When or how have you experienced the presence of the Holy Spirit in your life?
4. What name did you choose for your Confirmation name and why?
5. Do you have a favorite saint (or favorite saints)? Why is he/she your favorite? What is there about his/her life that has helped you on your faith journey?
6. How do you define the word "holy"? Do you know people in your life that you would describe as "holy"? Do you think anyone describes you as "holy"? How does that make you feel? What challenges do you face when you are trying to live a life of holiness?
7. Tell me about an experience in your life when it was difficult for you to be Catholic perhaps a time when you were ridiculed because of your faith or a time when you struggled to believe in the teachings of your Catholic faith. What did you do to "keep your faith" or find answers to your questions during these times.
8. In what ways do you feel that celebrating the Eucharist (the Mass) every week (or maybe every day) strengthens and nourishes you to live as a Catholic? Did you ever have a time when you did not like going to Mass? Do you like going to Mass now? What do you think caused the change?
9. What is your understanding of what it means "to sin"? What does "forgiveness" mean to you? What do you do when you find it very difficult to forgive someone who has hurt you? What do you do when you need to ask forgiveness from someone you have hurt?

10. One very special aspect of our Catholic faith is the Sacrament of Reconciliation. Tell me about your own feelings and thoughts about and experiences with this Sacrament. Is it difficult for you to celebrate this Sacrament or was there a time when it was? What kind of preparations do you find helpful before you celebrate the Sacrament of Reconciliation?
11. How do you pray? Do you have a favorite place to pray or a favorite time to pray? Do you ever find it difficult to pray? When you pray, who do you usually pray to: God, Jesus, The Holy Spirit, Mary, a particular saint? Who or what do you usually pray for?
12. Do you regularly participate in service projects or volunteer opportunities at your parish, work, or in your neighborhood? Describe what you do and how it impacts your life.
13. How would you answer someone who told you that “Catholics worship Mary”? Who do you turn to or what resources do you use when you find that you do not know an answer to a question about your faith?
14. Have you ever had a time in your life when you really felt close to God? Tell me about it.
15. Have you ever had a time in your life when you really struggled to believe in God. Tell me about it and how you kept your faith in the end.
16. Who has been a good role model for you to live according to your Catholic faith? What has he/she taught you or shown you? How has he/she deepened your faith?
17. In what ways do you think you still need to grow in your Catholic faith?
18. What is your favorite Scripture passage, verse, or story? Tell me why.
19. Through the Sacrament of Confirmation, the gifts we first received at our Baptism: Wisdom Understanding Right Judgment (Counsel) Courage (Fortitude) Knowledge Reverence (Piety) Wonder and Awe (Fear of the Lord) are strengthened and increased within each of us. These seven special gifts represent all the gifts and blessings that God gives us to lead a good and holy life. They are special graces that are given to us through the Holy Spirit to enable us to respond to God’s call to holiness. Reflecting on your life experiences and decisions, which gifts have you used a lot? Which gift do you need to use more?
20. What do you think is one of the greatest challenges to being Catholic? What is the best thing about being Catholic?

Don't forget to ask any of your own questions! AND REMEMBER- Your sponsor should ask you a few too!

**\* If the interview took place by phone or email, parent may sign for sponsor. \***

## **DIRECTIONS**

*Sometime after meeting with your sponsor, take a few minutes to reflect on your discussion and write brief answers to questions 1 and 2. Please take the time to answer question 3, but you do not need to write anything!*

1. What was one thing that you learned about your sponsor during your meeting?

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2. Write about one story or experience that your sponsor shared that you felt showed that he/she was truly strengthened by the Holy Spirit through Confirmation to live a life of holiness.

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3. Do you believe you made a good choice of who you asked to serve as your Confirmation sponsor? If you are not sure if you did, pray about it, talk to your parents, and feel free to talk to Miriam about your decision and where to go from here.



ST. HELEN  
YOUTH MINISTRY

## Confirmation Sponsor Covenant

Candidate's Full Name: \_\_\_\_\_

Sponsor's Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Parish where you are registered: \_\_\_\_\_

Church Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

### Sponsor's Sacramental History

Baptized at: \_\_\_\_\_

City/State: \_\_\_\_\_ Date: \_\_\_\_\_

Confirmed at: \_\_\_\_\_

City/State: \_\_\_\_\_ Date: \_\_\_\_\_

Married at: \_\_\_\_\_

City/State: \_\_\_\_\_ Date: \_\_\_\_\_

\*If not married please leave blank\*

**I understand the requirements for being a sponsor, and by my signature below state that I meet these requirements and pledge to fulfill my duty to the best of my ability.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_